

## **4-H Shooting Sports**





# Are You Into It?

The Shooting Sports program is open to youth between 8 and 18 years of age.

Have you ever wanted to learn how to safely and ethically shoot a bow and arrow, air rifle, muzzle-loader, shotgun, or small-bore rifle? Do you want to learn more about hunting? If so, give the 4-H Shooting program a try. In this project you will...

- Learn firearm safety
- Become a better aim through correct handling of firearms
- Participate in state matches throughout the year
- Develop self-confidence, self-discipline, responsibility and sportsmanship
- Grow an appreciation of natural resources

## Here's what you can do all year!

Starting Out	Learning More	Expanding Horizons
Basic	Intermediate	Advanced
Baolo	internetiate	Advanced
<ul> <li>Participate and compete in</li> </ul>	• Participate in muzzle-loading	<ul> <li>Become a certified Level I</li> </ul>
archery and air rifle	discipline and competition	teen instructor
disciplines	<ul> <li>Compete in shotgun, small-</li> </ul>	<ul> <li>Make archery equipment</li> </ul>
• Participate in shotgun, small-	bore and hunting	• Demonstrate advanced skills
bore and hunting disciplines	<ul> <li>Learn the differences and</li> </ul>	by participating in higher
<ul> <li>Identify parts, uses and care</li> </ul>	uses of a variety of	level events, such as
of archery equipment and	equipment, such as types of	attending National Shooting
rifles	archery equipment and rifle	Sports competitions
<ul> <li>Learn and practice range</li> </ul>	components	<ul> <li>Practice and teach about</li> </ul>
commands	• Develop shooting skills using	conservation practices
<ul> <li>Learn and use safety rules</li> </ul>	different techniques and	<ul> <li>Learn how to care for</li> </ul>
such as eye and ear	positions	equipment
protection and correct	<ul> <li>Learn and use hunter safety</li> </ul>	
behavior on the range	rules and hunter ethics	
•Learn wildlife basics		

## Step It Up!

Pass it on! Now that you know how, share it with others. Here are ideas to get you started.

#### **Citizenship/Leadership**

- Become certified as a teen instructor
- Complete the Hunter Safety certification course
- Explore careers in science related fields
- Attend clean-ups and work days at local refuges and parks

#### \_ \_ \_ Communication

- \_ Research the history of firearm development and usage
- Give an Illustrated Talk, Demonstration or Speech about
- an aspect of Shooting Sports Give a workshop at your club or
- county level Create a video or news release

#### **Healthy Living**

- Practice regularly and encourage others to engage in the project
- Practice all safety procedures and help others
- Strengthen family ties and develop positive relationships with others

#### Science

- Explore the physics involved with **Shooting Sports**
- · Research the various powders used
- Engage in environmental education projects, such as Forest Ecology, Wildlife and Natural Resources



#### Learn more at florida4h.org or contact your local UF/IFAS Extension County Office



## **Expand Your Experiences in Shooting Sports**

- Contact your County Extension Office to participate: sfyl.ifas.ufl.edu/map/index.shtml
- Enroll in 4-H at florida.4honline.com
- Invite local gun clubs or organizations to speak at a club meeting, such as the National Archery Association <u>usaarchery.org</u>, Amateur Trapshooting Association <u>shootata.com</u>, National Wild Turkey Federation <u>nwtf.org</u>, and National Rifle Association <u>nranews.com</u>
- Apply to be a Junior Camp Counselor (Counselor in Training) at a Florida 4-H Camping Center when you are 14-17 years old: <u>florida4h.org/camps /</u>
- Apply to be a summer staff member at a Florida 4-H Camping Center after you graduate from high school: <u>florida4h.org/getinvolved/</u>
- Attend Florida 4-H University and participate in workshops, listen to motivational speakers, and participate in a community service project: <u>florida4h.org/programsandevents</u>
- Schedule a visit to the University of Florida and learn more degrees related to this project: <u>ufl.edu/admissions/</u>

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#### Project Sharing Ideas

- Give an Illustrated Talk, Speech or Demonstration at County Events or to a local organization
- Create a poster for County Events that focuses on Shooting Sports
- Enter photos of your project in County Events
- Keep a shooting journal or complete a Record Book
- Create a game board, worksheet, or puzzle to use with youth and share the results
- Enter an exhibit in your local fair to showcase Shooting Sports or wildlife management

## Resources

4-H Project Resources	Connections and Events	Record Keeping	Awards and Recognition
Project materials to assist youth in learning may be available through your county 4-H office or you can order directly. Available at National 4-H: 4-hmall.org • Clothing and Pins • Rifle and Shotgun cases • Environmental and Related Curriculum: Entomology Amphibians Photography Health and First Aid Forest Ecology Outdoor Adventures -Backpacking -Camping -Hiking GPS and GIS Sportfishing Exploring Your Environment	Attending events and taking advantage of opportunities that will expand your project learning will help you become the best you can be. Attend local 4-H opportunities Become a camp counselor for your local and state 4-H camp florida4h.org/camps_/ • Shooting Sports and Sportfishing Camp Attend other statewide events. Check them all out at florida4h.org	Learning to take good records of what you do and what you spend for your project is a 4-H life skill. The following record keeping forms can help you keep track of your activities. Project Report Forms can be found at <u>florida4h.org</u> • Junior (ages 8-10) • Intermediate (ages 11-13) • Senior (ages 14-18) • Financial Summary • Member Portfolio (ages 8-13)	Florida's Recognition Program involves feedback through: Participation Setting Goals Meeting Standards Peer Competition Cooperation Certificates, pins, ribbons, trophies, trips and/or scholarships are awarded based on quality of performance at the county, district, state and national levels. florida4h.org/programsandeven ts_/shootingsports/ 4-hshootingsports.org/ To learn more about current recognition opportunities visit the Florida 4-H website at http://florida4h.org or contact your County 4-H Extension Agent.



### Learn more at florida4h.org

or contact your local UF/IFAS Extension County Office

Adapted and revised with permission from lowa State University Extension & Outreach 4-H Youth Development. Revised by UF/IFAS Extension Florida 4-H. Laura Cash, Volusia County 4-H Agent. April 2015.