



Note Card Icebreaker

Overview:

Participants will be asked to answer questions on a notecard and share with a partner.

Objective:

Upon completion of this activity youth will have met different people, have considered the ponder question and given the facilitator useful feedback about the group.

Materials:

3X5 Note cards, pen/pencil for each participant

Activity:

Each participant will receive a notecard and a writing utensil.

1. The leader instructs the participants to write the numbers 1-5 on the note card.
2. Once this is done, instruct the participants to write their name beside the number 1. Once their names are written, have participants place their cards face down on a table.
3. Then instruct the participants to grab a card and find the person whose name is on the card and introduce themselves. Once introduced, participants should get their cards back. Repeat the process as you have participants work through additional questions.

Questions:

The questions should be asked in the order given below. Question one labels the card and makes sure that everyone will get their own card back and acts as a “practice” round for the icebreaker.

Questions 2 and 3 are meant to drive discussion amongst the participants over fun topics that everyone will have an opinion on, even if the opinion is “I don’t like pets” or “I prefer to walk”!

Question 4 is the ponder question. This question changes with the needs of the facilitator. If you wanted to make the point about following instructions, the question may be “In two words, describe a time you built something and what that something was”.

Finally, question 5 is a feedback question so the facilitator can ask an answer question that participants may have.

| Card questions for youth: | Card questions for adults: | Create your own questions: |
|---|---|----------------------------|
| 1-Write you name | 1-Write you name | 1-Write your name |
| 2-Write your favorite mode of transportation, real or imagined. | 2-Write your favorite mode of transportation, real or imagined. | |
| 3-Write your favorite pet, real or imagined. | 3-Write your favorite pet, real or imagined. | |
| 4-Write one thing you would like to learn in 4-H. | 4-Write the name of a mentor you had growing up. | |
| 5-Write one question you would like answered about 4-H. | 5-Write one question you would like answered about 4-H. | |

Process questions:

Do

- How did you feel about the directions being given?
- Is there anything that could have been done differently?

Reflect

- Which question was the easiest? Hardest?
- Did everyone write the same answers?
- Why do you think I asked question 4?

Apply

- What did you learn about yourself from the ponder question?

Created by Dr. Andrew Toelle, NE 4-H RSA and Dr. Paula Davis, EA IV Bay County